

# Suicide Awareness & Prevention Resources in Colorado

## SUICIDE PREVENTION AND CRISIS RESOURCES

Suicide Prevention Lifeline **(800) 273-TALK / (800) SUICIDE**

Colorado Crisis Services **(844) 493-TALK**

**OR** text TALK to 38255

**OR** chat online (4 p.m. - 12 a.m. 7 days a week) at [www.coloradocrisiservices.org/chat](http://www.coloradocrisiservices.org/chat)

Veteran's Crisis Hotline **(800) 273-8255**; Press option 1

Trevor Project **(866) 488-7386** (LGBTQ+ Youth)

Trans Lifeline **(877) 565-8860** (Transgender & Gender Expansive Youth and Adults)

IAMALive **[www.iamalive.org](http://www.iamalive.org)** (online crisis network with 24/7 chat)

## 24 HOUR CRISIS WALK-IN LOCATIONS

### Littleton

6509 S. Santa Fe Dr.  
Littleton, CO 80120

### Wheat Ridge

4643 Wadsworth Blvd.  
Wheat Ridge, CO 80033

### Denver

4353 W. Colfax Ave.  
Denver, CO 80220

### Aurora

2206 Victor St.  
Aurora, CO 80045

### Westminster

2551 W. 84th Ave.  
Westminster, CO 80031

### Boulder

3180 Airport Rd.  
Boulder, CO 80301

## COMMUNITY MENTAL HEALTH PARTNERS

### Jefferson Center

4581 Independence St. #200  
Littleton, CO 80120

**(303) 425-0300**

**[www.jcmh.org](http://www.jcmh.org)**

### Mental Health Center of Denver

4455 E. 12th Ave.  
Denver, CO 80220

**(303) 504-6500**

**[www.mhcd.org](http://www.mhcd.org)**

### All Health Network

(Arapahoe/Douglas County)

5500 S. Sycamore St.  
Wheat Ridge, CO 80033

**(303) 730-8858**

**[www.allhealthnetwork.org](http://www.allhealthnetwork.org)**

## SUICIDE SUPPORT GROUPS (For Adults)

### Southwest Metro Denver Survivors of Suicide

(Suicide Loss Survivor Support)

**(720) 745-9252**

### Group 4F: Fortifying Families & Forming Friendships

(Support for Family Members &  
Friends of Suicide Attempt Survivors)

**(720) 745-9252**

### Surviving, Striving & Thriving

(Suicide Attempt Survivor Support)

**(720) 745-9252**

## SUICIDE SUPPORT GROUPS (For Teens)

### Teens Overcoming Grief After Suicide

(Teen Loss Survivors)

**(720) 745-9252**

### Teens Surviving, Striving and Thriving

(Teen Attempt Survivors and Teens with Suicidal Ideation)

**(720) 745-9252**

## ADDITIONAL LOCAL SUICIDE BEREAVEMENT SUPPORT GROUPS

North Metro Denver HEARTBEAT  
Wheat Ridge, CO  
(720) 300 8213

Surviving Your Spouse's Suicide  
Centennial, CO  
(303) 548-2392

Southeast Littleton HEARTBEAT  
Littleton, CO  
(720) 328-9229

East Metro HEARTBEAT  
Aurora, CO  
(303) 755-2679  
or (303) 667-7864

Parents Surviving Suicide  
Cherry Hills Village, CO  
(303) 322-7450

Boulder HEARTBEAT /  
Sibling HEARTBEAT  
Boulder, CO  
(720) 244-9052

## ONLINE RESOURCES FOR SUICIDE PREVENTION, INFORMATION, AND SUPPORT

Alliance of Hope	(24/7 online support community for survivors of suicide loss) <a href="http://www.allianceofhope.org">www.allianceofhope.org</a>
American Association of Suicidology	<a href="http://www.suicidology.org">www.suicidology.org</a>
American Foundation for Suicide Prevention CO Chapter	<a href="https://afsp.org/chapter/afsp-colorado">https://afsp.org/chapter/afsp-colorado</a>
Colorado State Office of Suicide Prevention	(303) 692-2369 <a href="http://colorado.gov/cdphe/categories/services-and-information/health/preventions-and-wellness/suicide-prevention">colorado.gov/cdphe/categories/services-and-information/health/preventions-and-wellness/suicide-prevention</a>
Community Assessment and Coordination of Safety (C.A.C.S.)®	(720) 245-7390 <a href="http://www.cacs-co.com">www.cacs-co.com</a>
Man Therapy	<a href="http://www.mantherapy.org">www.mantherapy.org</a>
National Alliance on Mental Illness (NAMI)	<a href="http://www.nami.org">www.nami.org</a>
Second Wind Fund	(720) 962-0706 <a href="http://www.thesecondwindfund.org">www.thesecondwindfund.org</a>
Suicide Intervention Skills Gatekeeper Training Workshops	<a href="http://www.denverqprtraining.com">www.denverqprtraining.com</a>
Suicide Prevention Coalition of Colorado	<a href="http://www.suicidepreventioncolorado.org">www.suicidepreventioncolorado.org</a>
Suicide Prevention Resource Center	<a href="http://www.sprc.org">www.sprc.org</a>

## OTHER CRISIS HOTLINES / SUPPORT RESOURCES

### Child Abuse Report Line

CO State Child Abuse Report Line **844-CO-4-KIDS**

### Adult Abuse Report Lines

Arapahoe County **(303) 636-1750**

Denver County **(720) 944-2994**

Douglas County **(303) 663-6270**

Jefferson County **(303) 422-2133**

Family Tree **(303) 422-2133**

Families First **(877) 695-7996**

### Domestic Violence (DV) Resources

National DV Hotline **(800) 799-7233**

Family Tree DV Crisis Line **(303) 420-6752**

The Crisis Center 24-Hour Crisis Line **(303) 688-8484**

Safehouse Denver Crisis and Info Line **(303) 318-9989**

### Rape/Sexual Assault Resources

National Sexual Assault Hotline **(800) 656-HOPE**

The Blue Bench **(303) 322-7273**